

Nautilus, Inc. Receives Top Global Fitness Honors for Its Commercial Strength Equipment

VANCOUVER, WA and COLOGNE, GERMANY, Nov 07, 2006 (MARKET WIRE via COMTEX News Network) -- Nautilus, Inc. (NYSE: NLS), a pure fitness company, today announced that it received the 2006 Best Global Fitness Equipment Manufacturer honor from Fitness Tribune, a Swiss fitness publication that commissioned independent research through the Germany-based Dr. Gottlob Institut to complete a first-ever scientific evaluation on fitness equipment worldwide.

In addition to its recognition as the best global manufacturer of strength equipment, Nautilus also received category honors as providing the Best Back Extension Machine, Best Lat Pull Machine, and Best Leg Extension Machine. The global evaluation did not include cardiovascular products, such as the fast-growing Nautilus Commercial Series TreadClimbers, treadmills, ellipticals, indoor cycles, or the newly introduced Nautilus Commercial Upright and Recumbent exercise bikes.

"We set out to conduct a meaningful, performance-based testing method for strength equipment and the Nautilus Nitro Plus line impressed us with a consistent best blend of ergonomics, comfort, and biomechanics," said Dr. Axel Gottlob, President of Dr. Gottlob Institut and associate professor of biomechanics and strength training, University of Heidelberg. "After serving more than 12 years developing strength training equipment for my family business, Galaxy Sport, I can appreciate the level of research and quality Nautilus has demonstrated in this year's test."

"With our company focused on quality and innovation, we are proud to be recognized by Dr. Gottlob and Fitness Tribune through this extensive product test," said Gregg Hammann, Nautilus Chairman and CEO. "Receiving global recognition for our fitness equipment reflects the hard work and innovation of our go-to-market team which has set the pace in strength training for 35 years."

Fitness Tribune, the largest fitness and wellness industry publication in German speaking Europe, commissioned the Dr. Gottlob Institut to conduct extensive testing on product lines from US and European-based companies. Dr. Gottlob is a certified strength training champion, author, mechanical engineer, sports scientist, and biomechanics expert. For more information about the 2006 Fitness Tribune Awards, visit www.fitnesstribune.com.

About Nautilus, Inc.

Headquartered in Vancouver, Wash., Nautilus, Inc. (NYSE: NLS) is a pure fitness company that provides tools and education necessary to help people achieve a fit and healthy lifestyle. With a brand portfolio that includes Nautilus(R), Bowflex(R), Schwinn(R) Fitness, StairMaster(R) and Pearl iZUMi(R), Nautilus manufactures and markets a complete line of innovative health and fitness products through direct, commercial, retail, specialty and international channels. The Company was formed in 1986 and had sales of \$631 million in 2005. It has 1,600 employees and operations in Washington, Oregon, Colorado, Oklahoma, Texas, Illinois, Virginia, Canada, Switzerland, Germany, United Kingdom, Italy, China, and other locations around the world. More information is at www.nautilusinc.com.

Image Available:

http://www.marketwire.com/mw/frame_mw?attachid=364674 Image

Available:

http://www.marketwire.com/mw/frame_mw?attachid=364713

SOURCE: Nautilus, Inc.

Copyright 2006 Market Wire, All rights reserved.

News Provided by COMTEX

Certain statements contained in these investor relations pages, including, without limitation, statements containing the words "could," "may," "will," "should," "plan," "believes," "anticipates," "estimates," "predicts," "expects," "projections," "potential," or "continue," and words of similar import, constitute "forward-looking statements." Investors are cautioned that all forward-looking statements involve risks and uncertainties, and various factors could cause actual results to differ materially from those in the forward-looking statements. From time to time and in these pages, we may make forward-looking statements relating to our financial performance, including the following:

- Anticipated revenues, expenses, and gross margins;
- Seasonal patterns;
- Expense as a percentage of revenue;
- Anticipated earnings;
- New product introductions; and
- Future capital expenditures.

Numerous factors could affect our actual results, including the following:

- The availability of media time and fluctuating advertising rates;
- A decline in consumer spending due to unfavorable economic conditions;
- Expiration of important patents;
- Our ability to effectively develop, market and sell future products;
- Our ability to effectively identify and negotiate any future strategic acquisitions;

- Our ability to adequately protect our intellectual property;
- Introduction of lower priced competing products
- Unpredictable events and circumstances relating to our international operations, including our use of foreign manufacturers;
- Government regulatory action;
- General economic conditions.

Please refer to our reports and filings with the Securities and Exchange Commission, including our most recent annual report on Form 10-K and quarterly reports on Form 10-Q, for a further discussion of these risks and uncertainties. Visitors to our web site are further cautioned not to place undue reliance on forward-looking statements, which speak only as of the date they are made. We undertake no obligation to update publicly any forward-looking statements to reflect new information, events or circumstances after the date they were made or to reflect the occurrence of unanticipated events.